

Resurrection Buns are a tradition at St. Clement Episcopal Church under the direction of Susan Mallison. This recipe matches her description of the process:

Resurrection Buns

This activity represents the tomb being empty on Easter Morning. This is a great activity to do with children on Easter Morning.

Thanks to D. Emerson for sharing this recipe!

Ingredients:

frozen bread dough
one bag marshmallows
cinnamon-sugar mixture
butter (melted)

Directions:

- Preheat oven to 325.
- Take bread dough (thawed in fridge) and cut into squares about 1/4 in thick.
- Take 1 marshmallow and place it in the center of the dough.
- Now "fold" the dough around the marshmallow.
- Dip the ball of dough in the melted butter and then roll it in the cinnamon-sugar mixture until covered.
- Place on cookie sheet and bake at 325 for about 10-15 min. or until golden brown.
- Allow buns to cool. The buns which were full when they went into the oven will now be empty -- just like the tomb where Christ was laid!
- Consider reading the Easter story aloud while enjoying these seasonal treats.

Source: <http://www.theholidayzone.com/easter/resurrection.html>

This web site is a great site to monitor all year long if you are working with children.

Another Recipe for Resurrection Buns

From Sharon D.

- Each child takes a Grand (or other large) canned biscuit. They flatten the biscuit out until it's about 5 inches across. They spread melted butter, sugar and cinnamon on it. We explain that the spices represent the spices used to anoint Jesus' body before His burial.
- Then each child gets one large marshmallow. The marshmallow represents Jesus. It is white because it stands for His purity and His sinless life. They place the marshmallow in the center of the biscuit, then fold the sides around it forming a "tomb". (I help the younger children pinch the sides of their tombs closed and then we place them crease side down on a baking sheet so they will not open while cooking). Put more butter, cinnamon and sugar on the outside. We talk about the sweet taste of the spices and how Jesus gave us the sweetest gift we will ever receive.
- At this point you can go ahead and bake the buns. We wait and bake them in the morning while the kids are hunting the eggs. They need to bake following the directions on the biscuit package. Then they need a little cooling time because the marshmallow will be very hot.
- When the children bite into their buns they will be surprised to find the center empty. The marshmallow has melted. As each child discovers the empty tomb, we repeat : He is not here for He is risen.
- It has become a wonderful Easter morning tradition in our home. My kids start asking weeks in advance if we're going to make "empty tomb buns" again.

For more Easter Recipes go to:

<http://homeparents.about.com/cs/eastercrafts/a/eastertradition.htm>